



**SCALE**

Scale On Time

**STEMI CARE FOR ALL IN EMIRATES**

## **SCALEHEART 2015**

**Venue: Conrad Hotel, Sheikh Zayed Road Dubai**

**Friday 27th November, 2015, 8:30 a.m. – 5:30 p.m.**

*“Savings Deaths and Damages from Heart Attacks”*

**Accredited by:**

MOH for 8 Hours CME

**MOH/15/0835**

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**Chairman and Organizing Secretary: Dr. Brajesh Mittal.**

**Event Organized By: EMS Exhibition and Conference Organizing**

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# *Patron's Message*



Healthcare is the main concern of our generation. We dedicate ourselves to serve all people with compassion and excellence.

SCALE movement provides one such opportunity. Hundreds of adults lose their lives or continue to suffer after heart attack; a substantial loss is due to lack of awareness and appropriate actions; not just the lack of resources. This movement pursues the mission to educate all healthcare personnel involved at whatever stage, to identify those patients suffering from heart attack (Acute STEMI- ST Elevation Myocardial Infarction) quickly and correctly.

And then to initiate next most appropriate step.

We take this pride to contribute to the society as responsible healthcare provider by establishing this forum. I invite all healthcare individuals to associate themselves in order to narrow the gap between suffering and succumbing to heart attacks.

Welcome you all today in this scientific meeting for one such walk towards this goal !!

Patron's Message

**H.E. Mr. Sami Dhaen Al Qamzi**

# Chairman's Message



Acute heart attack- known in medical terminology as Acute ST Elevation Myocardial Infarction (STEMI) occurs in all adult age groups and a major killer. However, majority of the lives can be saved by timely and appropriate actions.

Currently there is a big gap in '*what can be done*' and '*what is actually done*'. This gap has to be narrowed down by creating awareness of high importance of early recognition and early treatment of this major killer. 'SCALE' is launched as an ongoing movement to educate health care professionals and the society at large to prevent deaths and damages from heart attacks.

As a part of this endeavor, I welcome you all to the day long meeting where experts in the field will share the information and knowledge.

**Dr. Brajesh Mittal**  
Chairman



## *SCALE Facilitators*



**Dr. Ahmed Ghanem**  
CEO, Al Garhoud Private Hospital



**Dr. Mohamed El Rakhawy**  
MD, Al Garhoud Private Hospital



**Dr. Maged Mounir**  
COO, Al Garhoud Private Hospital



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8:00-9:00	<b>Registration</b>	
9:00-9:10	<b>Opening and Welcome Speech:</b> Dr. Ahmed Ghanem, CEO Al Garhoud Private Hospital Dubai, UAE	
<b>Session 1</b> Dr. Alawi Al Sheikh, Dr. Rajesh Raipancholia, Dr. Preeti Singh, Dr. Fazila Malik		
<b>Time</b>	<b>Topic</b>	<b>Speaker</b>
09:10 – 9:35	Practices and Pitfalls in the Management of STEMI	<b>Dr. Brajesh Mittal</b>
9:35 – 10:00	Chest pain to Cath Lab- the Road Less Traveled	<b>Dr. Joshua Ping Yun Loh</b>
10:00 – 10:25	Hemodynamic and Electrical Compromise - Achilles Heel of Ac MI Management	<b>Dr. Rajeev Lochan</b>
10:25 - 10:40	<b>Discussion</b>	
10:40 – 11:10	<b>Coffee Break</b>	
<b>Session 2</b> Dr. Obaid Al Jassim, Dr. V. J. Sebastian, Dr. Abdalla Al Hajiri, Dr. Ajeet Jain		
11:10 – 11:35	How and where do thrombolytics stand in the era of Primary PCI	<b>Dr. P.K. Gupta</b>
11:35 – 12:00	Pharmacoinvasive Approach: Hybrid Approach as a Feasible Alternative in Developing Nations	<b>Dr. Fazila Malik</b>
<b>Keynote Address</b>		
12:00 – 12:30	STEMI care in Europe and beyond - Stent for Life Initiative	<b>Dr. Petr Kala</b>
12:30 – 12:45	<b>Discussion</b>	
12:45-1:45	<b>Lunch Break</b>	
<b>Session 3</b>		
1:45 – 2:30	<b>Panel Discussion:</b> "Saving Deaths and Damages from Heart Attacks"	Moderator: <b>Dr. Brajesh Mittal</b>  Panelists: Dr. Wael Almahmeed Dr. Petr Kala Ms. Bernadette Teahan Dr. Ajeet Jain Dr. Alja Stipac Dr. A.S. Binbrek Dr. Haithem Al Hashimi Dr. Preeti Singh
2:30 – 3:15	Launch of SCALE and Formal Inauguration of SCALEHEART 2015.	<b>H. E. Mr. Sami Al Qamzi and other UAE dignitaries</b>
3:15 – 3:30	<b>Coffee Break</b>	
<b>Session 4</b> Dr. Joshua, Dr Sandip Chaturvedi, Dr. Uwe Klima, Dr. Tamkeen Kinah		
3:30 – 3:50	Contemporary Antithrombotics in the Management of Ac. MI	<b>Dr. Omar Hallak</b>
3:50 – 4:10	Emirates in action- Abu Dhabi Experience	<b>Dr. Samir Aljabbari</b>
4:10 - 4:30	Surgeon's Perspective of Ac MI Care	<b>Dr. Rafik Abu Samara</b>
4:30 – 4:40	<b>Discussion</b>	
4:40 – 5:00	Conclusion and Vote of Thanks	<b>Dr. Brajesh Mittal</b>

# Faculty



**Dr. Brajesh Mittal, MD, FACC, FESC, FCSI, FISC, FGHA**

Head of Cardiology Department, Garhoud Hospital Dubai. Vast experience of about 20 years in the field of cardiology with special skills and expertise in invasive cardiology. Illustrious professional career of working with the prestigious organizations viz. Indraprastha Apollo Hospital, New Delhi; as adviser in cardiology to the Ministry of Health, Mauritius; as cardiologist with Department of Health, Dubai in Rashid Hospital and Head of Cardiology Department Medcare Hospital, Dubai. Main area of interest is invasive cardiology esp. primary and complex coronary angioplasties.



**Dr Joshua Ping Yun LOH**

M.B.B.S. (Singapore), MRCP (UK), M.Med (Internal Medicine) (Singapore) Consultant Department of Cardiology National University Heart Centre, Singapore, National University Health System



**Dr. Rajeev Lochan**

Senior Interventional Cardiologist, Saudi German Hospital, Dubai First interventional Cardiologist in private hospitals to establish invasive programme, at Welcare Hospital, Saudi German Hospital Dubai and at RAK Hospital, UAE. Clinical area of work, complex coronary interventions, CTO intervention, Transcatheter Ablation of Septal Hypertrophy(TASH), Peripheral Angioplasties Pacemaker, Cardiac Resynchronization therapy etc.



**Dr. Pradeep Kumar Gupta**

**MD(Medicine) ,DM(Cardiology),FACC, FCSI**  
Consultant Cardiologist & Chief of Cardiology Dept Saif & IBHO Hospital,Ras Al Khaimah,UAE.  
Professor and Associate Dean  
RAK Medical and Health Sciences University



**Dr. Fazila Malik**

Prof. Fazila-Tun-Nesa Malik is the chief consultant cardiologist of National Heart Foundation Hospital & Research Institute which is a 330 bedded tertiary Cardiac Hospital in Dhaka Bangladesh. Prof. Fazila Malik obtained MBBS degree from Dhaka Medical College & MRCP from UK. She is a Commonwealth Scholar in Cardiology & did her training in Western General Hospital, Edinburgh. She is also a Fellow of American College of Cardiology and Society of Cardiovascular Angiography and Interventions.



**Dr. Petr Kala, MD, PhD, FESC, FSCAI**

Interventional cardiologist, Head of Cathlab University Hospital Brno, Czech Republic



# Faculty



## **Dr. Omar Hallak, MD, UAE**

Chief of Interventional Cardiology Department of American Hospital Dubai. Head of Cardiology Department at Saint Francis Hospital in USA. Member of Emirate Cardiac Society.



## **Dr. Samir Aljabbari**

Consultant Interventional Cardiologist at Sheikh Khalifa Medical City in Abu Dhabi, UAE. Dr. Aljabbari finished his Medical School at the University of Baghdad 1983. He received a PhD degree from University of Copenhagen in 1997 on the thesis "Exercise echocardiography in ischemic heart disease". He finished his internal medicine and cardiology training in Denmark, received The Danish Board in internal medicine 1999 and in Cardiology 2002. Dr Aljabbari is a fellow of the European Society of cardiology and member of the European Association of Percutaneous Cardiovascular Intervention.



## **Dr. Rafik Abu Samara**

Consultant Cardiothoracic Surgeon,  
Ministry of Health Al Qassimi Hospital Sharjah



## **Dr. Alawi Alsheikh-Ali**

Consultant Cardiologist and Cardiac Electrophysiologist and Chairman of the Institute of Cardiac Sciences at Sheikh Khalifa Medical City in Abu Dhabi, UAE. He is an Assistant Professor of Medicine (adjunct) at Tufts University School of Medicine in Boston, Massachusetts, USA, where he serves as Faculty within the Institute for Clinical Research and Health Policy Studies. Dr. Alsheikh-Ali is the President of the Emirates Cardiac Society and member of the Board of Directors of the Gulf Heart Association and a Founding Board Member of the Gulf Heart Rhythm Society.



## **Dr. Rajesh Raipancholia**

He is registered as a Consultant Cardiologist with General Medical Council (GMC) UK. He has been working as Consultant Interventional Cardiologist at the Interventional Cardiology Department at Welcare and The City Hospital Dubai



## **Dr Preeti Singh**

M.B B.S (Rajasthan), MRCGP (London), DRCOG (London), DPD (Cardiff)  
Family Physician at Riley House Surgery, Enfield, U.K.  
Working at Riley House Surgery since March 2004 in partnership, providing top quality evidence based medical care in a safe and supportive environment to 10,000 patients of diverse background. Special areas of interest are women's health, diabetes management and dermatology. Have worked in various hospital posts in U.K. since 1997 and have gained valuable clinical experience in obstetrics & gynaecology, paediatrics and accident and emergency.

# Faculty



**Dr. Obaid Al Jassim**

UAE

Consultant & Head of Cardiothoracic Surgery Department DHA  
CBS Consultant Cardiothoracic Surgeon at Med clinic City Hospital.  
Vice president of the Emirates Cardiac Society  
Board member of Gulf Heart Association



**Dr. V.J. Sebastian**

**BSc, MBBS, MRCP (UK), Dip. Cardiology (London), FCCP, FRP (Ireland)  
FRCP (Glasg), FRCP (Edin), FRCP (London), FACC.**

Senior Consultant Cardiologist and Head of the Department of Cardiology, and  
Medical Director of International modern Hospital, Dubai, UAE.  
A teacher and appointed Examiner by Royal College of Physicians of UK and  
Ireland. Several Publications in the International Journals and several  
presentations in International Conferences.



**Dr. Abdalla Alhajiri, MB, LRCP, BAO, MRCPI, MRCP(UK), MSc(Cardio),  
CCST(Cardio).**

Consultant Interventional Cardiologist Ministry of Health.  
Mediclinic City Hospital and Welcare, Dubai



**Dr. Ajeet Jain**

**M.B.B.S, M.S. (Gen. Surgery), M.Ch. (Cardio-Thoracic & Vascular Surgery)  
F.I.S.C, FAPVS. FIEIS**

Fortis – Escorts Heart Institute Okhla NewDelhi  
Suner lal jain Hospital; Ashok Vihar, Delhi.  
Saroj Hospital; Rohini, Delhi.  
National Heart Institute ; East of Kailash New Delhi.  
N. K. S. Hospital; Gulabi Bagh, Delhi.



**Dr. Wael Almahmeed**

Consultant Cardiologist at the Heart and Vascular Institute in Cleveland Clinic Abu Dhabi.  
He is also a Clinical Assistant Professor at the UAE University and has an Adjunct Staff position  
at Cleveland Clinic, Ohio.



**Ms. Bernadette Teahan**

**MBA, MA Teaching, MA Management, RN, RM**

Bernadette Teahan is from Ireland. She is a Registered Nurse and Midwife.  
She currently works as Director of Nursing & Midwifery at Al Garhoud Private Hospital in Dubai  
and internationally with Joint Commission International (JCI). Bernadette has extensive international  
experience in hospital leadership roles and in issues to do with Patient Safety. She has worked in the  
US, Europe and the Middle East throughout her career.



# Faculty



**Dr. Alja Vlahovic Stipac**  
M.D., M.Sc., PhD  
Cardiology Specialist  
Cardiology Department  
Medcare Hospital  
Opp Al Safa Park, Gate No 1, Jumeirah Dubai, UAE



**Dr. A.S. Binbrek, MRCP (UK), FRCP (Edin.), and FRCP (London)**  
Dr. BinBrek is a Consultant Cardiologist at the Rashid hospital, Dubai. He is a Founding Member of the Emirates Medical Association, and a Member of the Emirates Cardiac Society. He is also Chairperson of the .Medical Research Committee appointed by the Director General of Dubai Health Authority.



**Dr. Haitham Al Hashimi, MBChB (UK), MCRP (UK) Fellowship in ACHD (Lon)**  
He completed his post-graduate training in the UK and was awarded the member of the Royal College of Physicians (MRCP) before returning to Dubai to work as a Cardiologist. Dr Haitham later returned to London to work at the prestigious National Heart Hospital, University College of London, where he completed his subspecialty in Adult Congenital Heart disease.. The National Heart Hospital is one of the leading and largest centers in the world for treatment of Adult Congenital Heart disease.



**Dr. Sandeep Chaturvedi**  
MBBS, MD MRCP (UK), DNB (Cardiology)  
Head of Department of Cardiology  
NMC Specialty Hospital, Al Nahda



**Dr. Uwe Klima**  
M.D., Ph.D.  
Professor of Surgery  
Senior Consultant Cardiothoracic- and Vascular Surgery  
German Heart Centre Bremen, Dubai, UAE



**Dr. Tamkeen Athar Kinah**  
MD Physician, PhD Cardiology  
Specialist Cardiologist  
Al Garhoud Private Hospital Dubai





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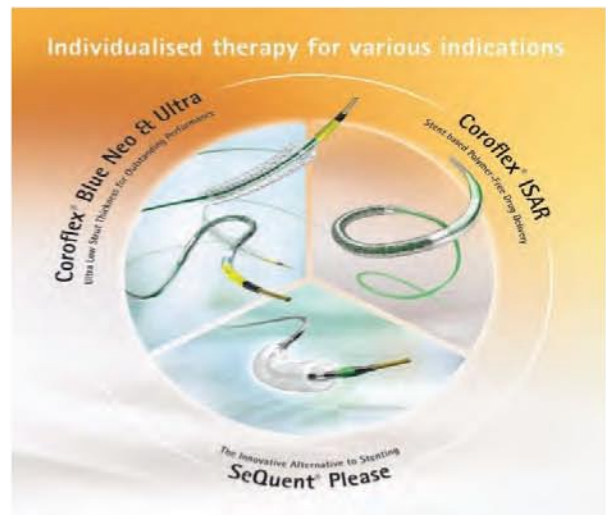
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